

Assessment of skill and performance

- assessment of skill and performance
 - characteristics of skilled performers, eg kinaesthetic sense, anticipation, consistency, technique
 - objective and subjective performance measures
 - validity and reliability of tests
 - personal versus prescribed judging criteria
- develop and evaluate objective and subjective performance measures to appraise performance

Personal versus prescribed judging criteria

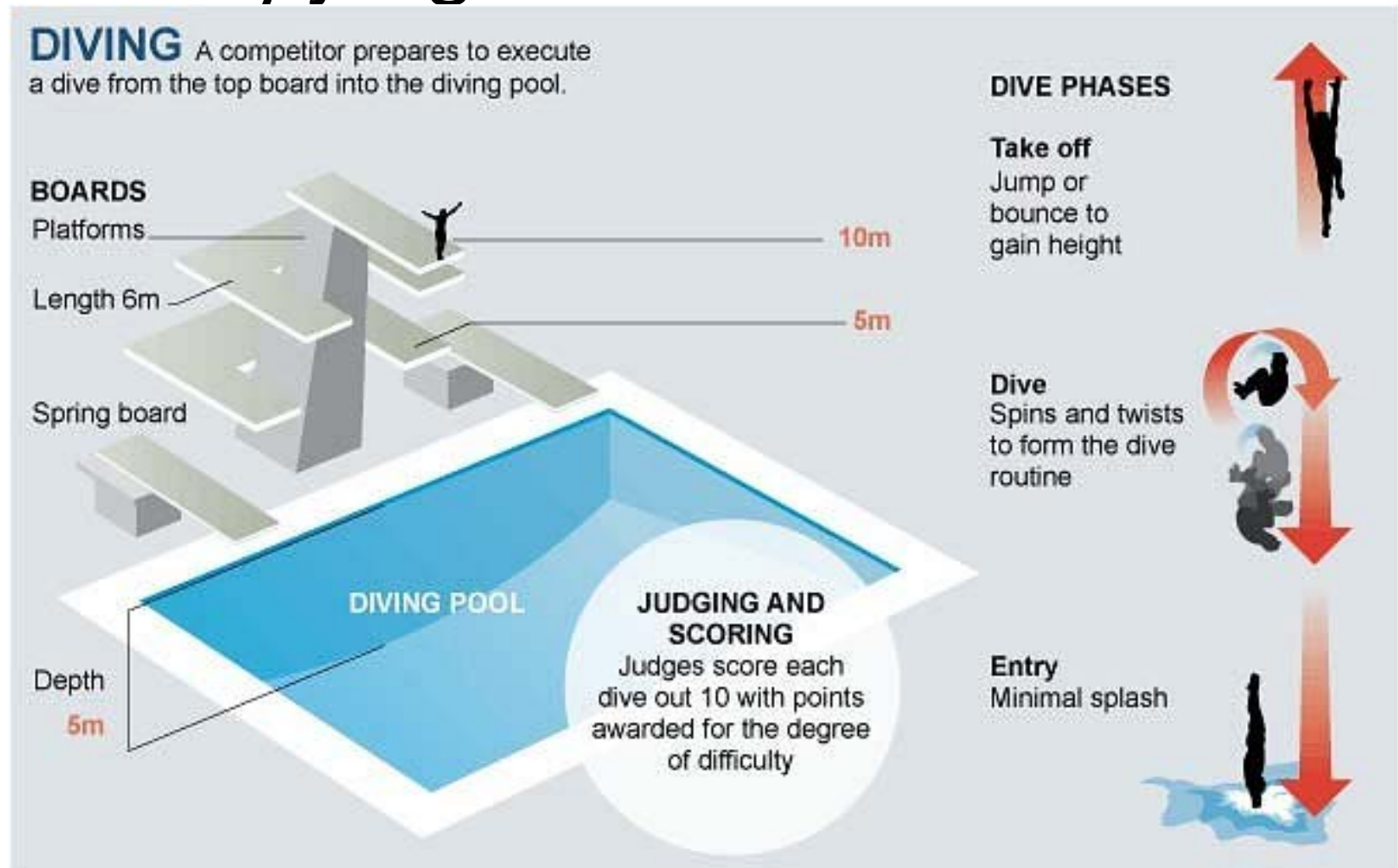
- There are two recognised measures for judging: personal or prescribed criteria.
- A personal criterion is judgement that is based on opinions, feeling and emotions about the performance.
- Often, coaches may use instinctual understanding and their personal judgement to choose a team.
- Spectators and fans always use personal criteria to assess the performance of everyone, from their favourite player to the umpire.
- This is a subjective form of appraisal.

- Personal – what you have seen
- Prescribed – following a set of criteria

Melissa Wu

- For each dive give Melissa a score out of 10, see how close your score reflects the judges.
- <https://www.youtube.com/watch?v=i07Hb87FK1M>

Even though diving is a subjective sport a set of prescribed criteria is used by judges to determine a winner



Boxing – Shelley Watts

- How is a winner determined in boxing?
- Watch this clip – who do you think should be the winner?
<https://www.youtube.com/watch?v=Rm25P1BGH1U> (2mins)
- “In each round the fighter who lands more punches is awarded 10 points. Judges, at their discretion, can award a round to a fighter who may have landed fewer punches, if they deem that his punches were harder.....”

- Briefly discuss the differences between personal and prescribed criteria when judging skilled performances.

- Personal Criteria – These are commonly used by coaches in team selection processes. They make an informed decision by using their experience and weighing up what they perceive to be important (eg skill, composure, determination). Depending on the viewer's knowledge of the activity, the personal criteria can alter. Therefore appraisal should be performed by those with accreditation and/or experience in what is being viewed in order for the selection process to have the best chance of being valid.

- Prescribed criteria – These are usually in the form of guidelines or outcomes that direct a viewer's attention to specific areas, with the aim of eliminating some opinion and increasing the accuracy of judgements. This is often seen with dance, aerobic, diving and gymnastic competitions where specific performance details and degrees of difficulty need to be achieved before certain marks are attained. Qualified judges and administrators often employ these criteria lists and may publish them to avoid protest or confusion. Although better than purely subjective opinion, they are still open to a judge's interpretation and therefore are not always an accurate measure of performance.

Your turn...

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- You are the coach of the Danebank Senior Basketball Team (or sport of your choice!). 50 girls have registered their interest but you can only choose 10 girls to be on the team.
- Using the assessment of skill and performance syllabus dash points...how would you develop and evaluate objective and subjective performance measures to appraise performance? le how would you choose who was in the team?