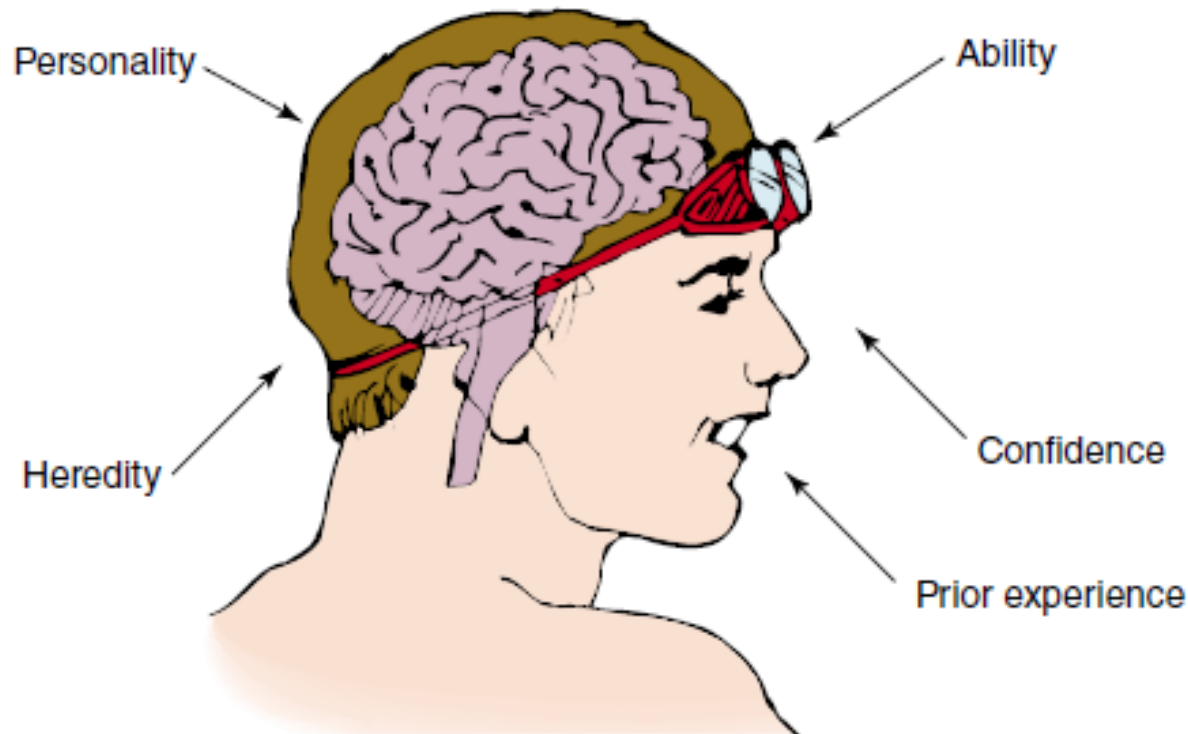


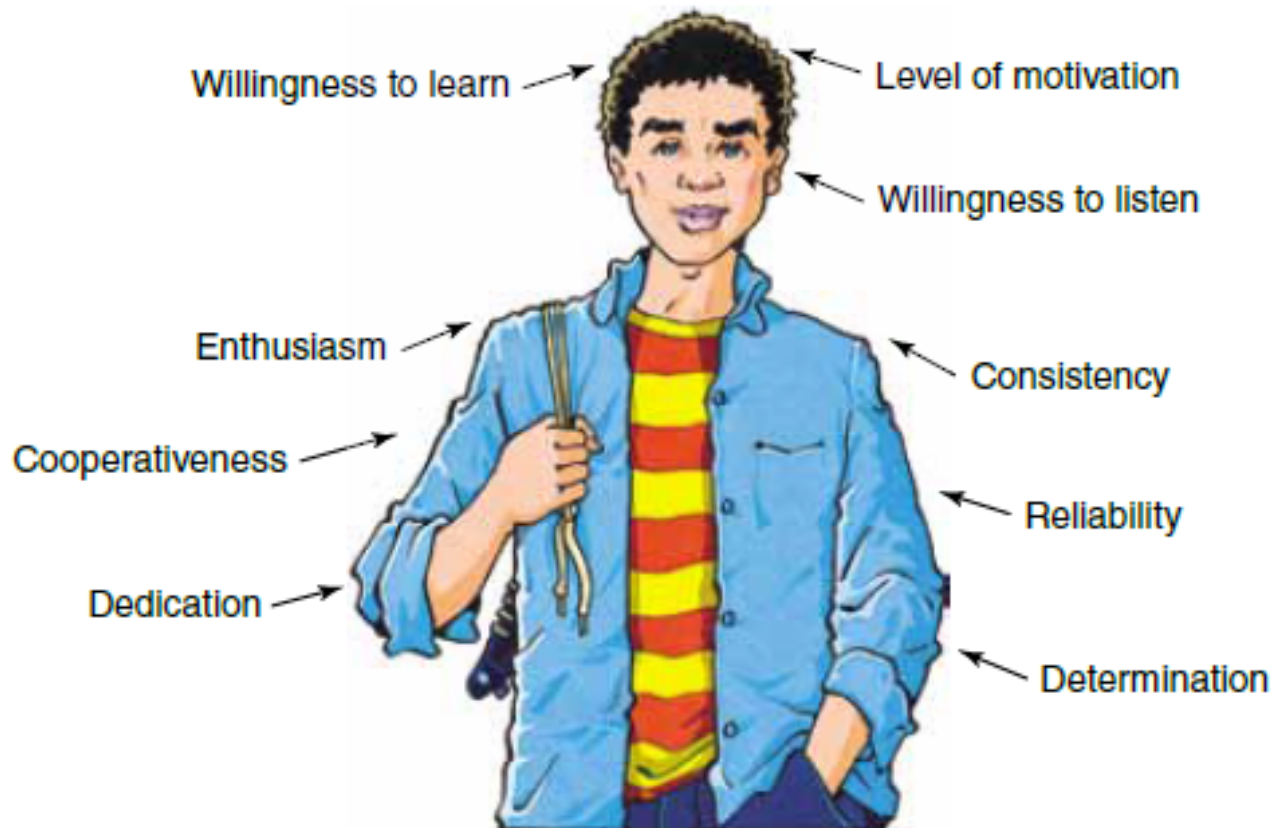
# Characteristics of the learner



**Figure 8.9:** Characteristics that affect the performance success of the learner

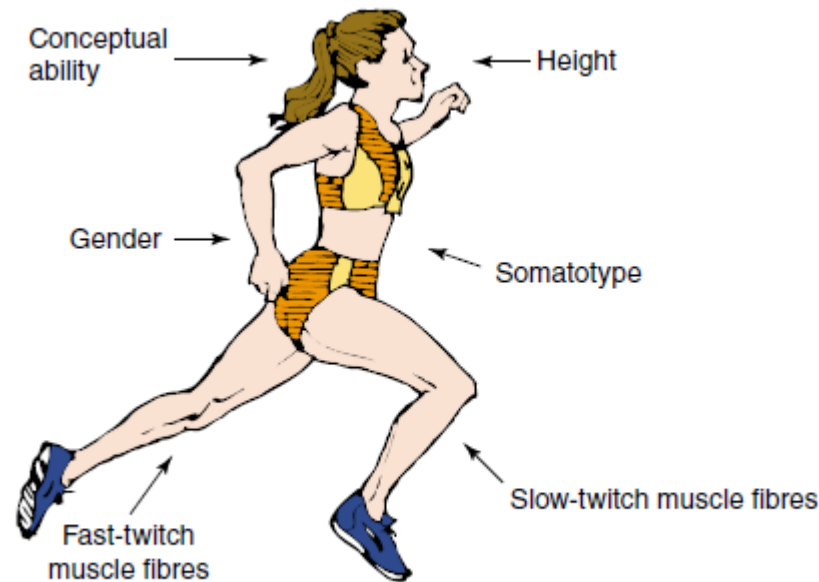
- characteristics of the learner, eg personality, heredity, confidence, prior experience, ability
- describe how the characteristics of the learner can influence skill acquisition and the performance of skills

- Personality – being driven, focused, positive, mentally strong and resilient can help learners learn and athletes be successful in competition.



**Figure 8.5:** Aspects of personality that contribute to a learner's characteristics

- Heredity – characteristics that are passed down from parents that can influence sporting potential. Body shape or somatotype (short, tall, muscular, lean) and muscle fibre type can increase the likelihood of success in sports that rely on specific body shapes and characteristics.



**Figure 8.6:** Hereditary factors affect performance considerably.

- Confidence – a belief in one's own ability to succeed and to take risks learning new skills.



**Figure 8.7:** Confidence can be inflated by the power of self-belief.

ment progressive, grad

- Prior experience – development of fitness components or related skills from one sport can translate to success in another (netball to basketball/sprinting to long jump).



**Figure 8.8:** Prior experience is considered an advantage in learning new skills.

- Ability – a natural capacity to succeed in sports because of things such as good hand–eye coordination, balance and agility, vision and spatial awareness can promote development across a range of sports.

# HSC Past Paper 2013

## Question 26 (4 marks)

Describe THREE characteristics of a learner that can influence his/her ability to learn a new skill.

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# HSC Past Paper 2012

## Question 25 (3 marks)

Outline the influence of prior experience on skill acquisition.

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