

iPad

9:41 AM

# Australia's health 2014

14<sup>th</sup> report in the  
Australia's health series

## Highlights

### 79.9 years, 84.3 years

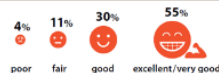
A boy born in 2012 could expect to live to 79.9 years, 62.4 of these disability free. A girl born in 2012 could expect to live to 84.3 years, 64.5 of these disability free.

This is excellent by world standards (males 6th in the OECD, females 7th).



### 55%

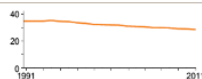
of all Australians aged 15+ considered themselves to be in 'excellent' or 'very good' health in 2011-12.



### 17%

is the fall in the death rate for all cancers between 1991 and 2011.

Death rates for CVD, chronic respiratory conditions and injury have also fallen.



### 63%

of Australian adults were overweight or obese in 2011-12 (70% of men and 56% of women). This has increased from 57% in 1995.

Being overweight or obese are risk factors for many chronic health conditions such as heart disease, diabetes, and some cancers.



### Almost 1 in 10

Australians aged 65+ have dementia (9%), an estimated 332,000 people.



### The Indigenous health gap

On average, Indigenous Australians fare worse than non-Indigenous Australians. Among other health conditions, Indigenous Australians had:

- 7 times the incidence rate of end-stage kidney disease in 2007-2010



- 3.3 times the rate of diabetes/high blood sugar levels



- Youth suicide rates for Indigenous females were 5.9 times those of non-Indigenous females, and for males 4.4 times.



Web snapshot



In-brief report



iPad

9:41 AM

Australia has much to be proud of  
in many areas of health...

Longer  
life  
expectancy

Feeling  
all right

Smoking  
rates  
Falling

Abstaining  
from  
alcohol

Vaccination  
rates  
getting  
better

Lower  
death  
rates for  
cancer

Fewer heart  
attacks and  
strokes

Asthma  
and  
Injury  
deaths  
down

# Longer life expectancy

Life expectancy (years) at birth, by sex, top 10 OECD countries, 2011

Rank	Country	Males	Country	Females
1	Iceland	80.7	Japan	85.9
2	Switzerland	80.5	France	85.7
3	Italy	80.1	Spain	85.4
4	Sweden	79.9	Italy	85.3
5	Israel	79.9	Switzerland	85.0
6	<b>Australia</b>	<b>79.7</b>	Korea	84.5
7	Japan	79.4	<b>Australia</b>	<b>84.2</b>
8	Spain	79.4	Iceland	84.1
9	Netherlands	79.4	Portugal	84.0
10	New Zealand	79.4	Austria	83.9

Source: OECD 2013.

iPad

9:41 AM

## Australians aged 15 and over

4%



poor

11%



fair

30%



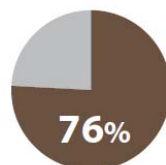
good

55%



excellent/very good

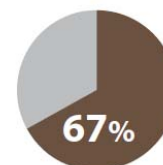
## Australians aged 65 and over



aged 65-74



excellent/very good/good

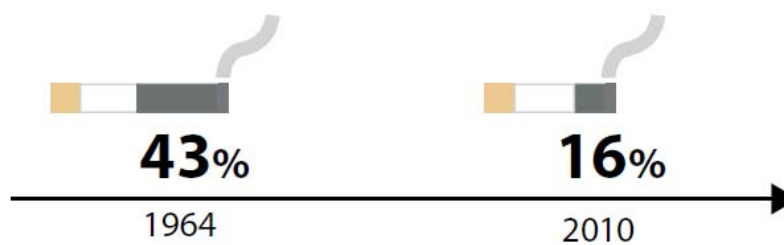


aged 75+

iPad

9:41 AM

## Smoking rates falling



Australian adults who **smoke**

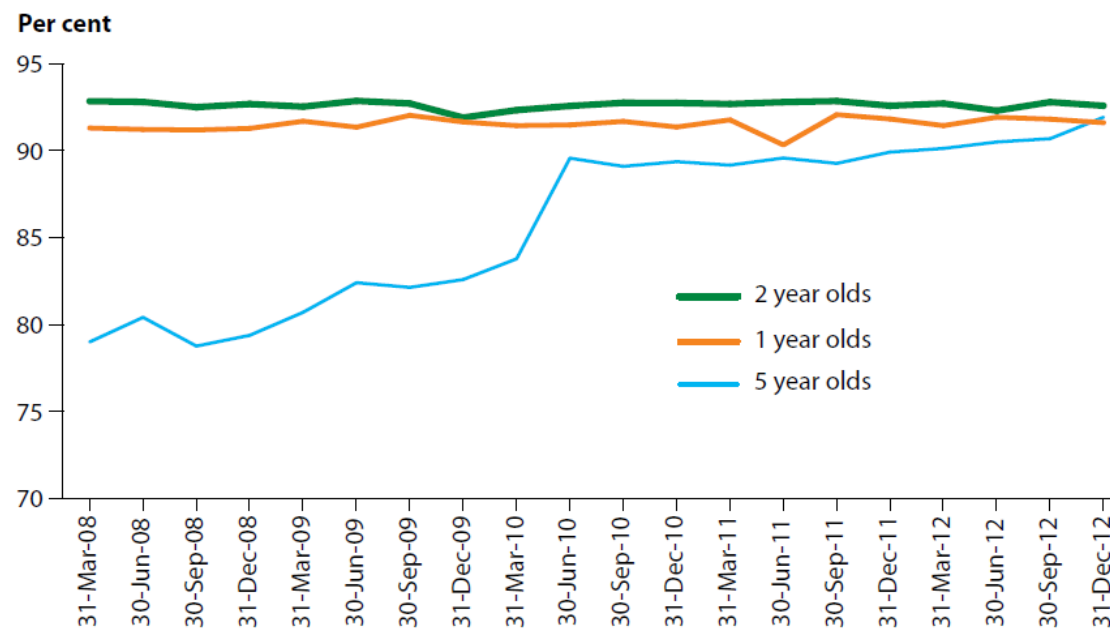
## Abstaining from alcohol



Proportion of people abstaining from **alcohol**

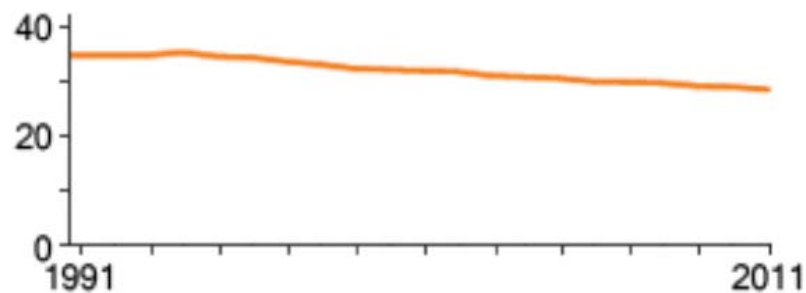


# Vaccinations rates getting better



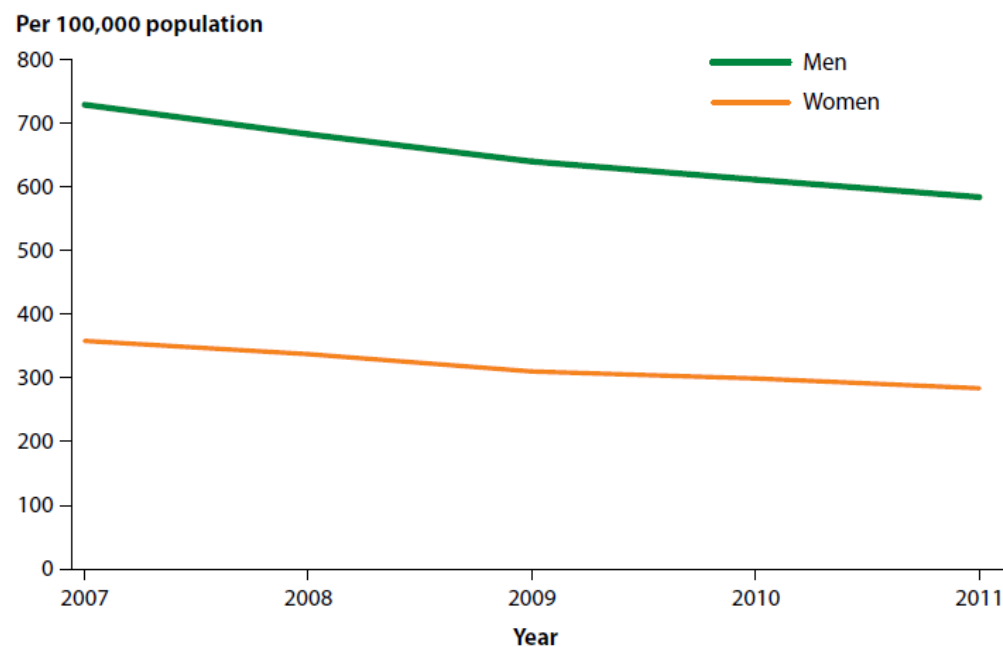
Immunisation rates for vaccines in the national schedule 2008–2012

## Lower death rates for cancer



**17%** is the fall in the death rate for all cancers between 1991 and 2011

# Fewer heart attacks and strokes

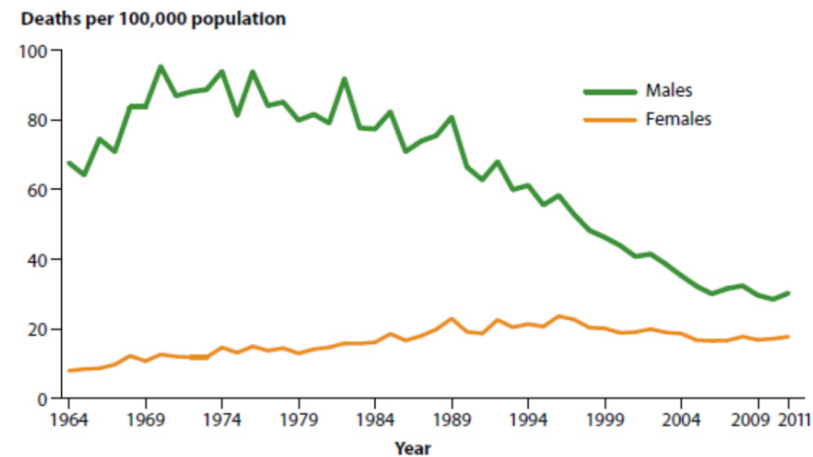


Trends in rates of heart attacks, people aged 25 and over, Australia, 2007–2011

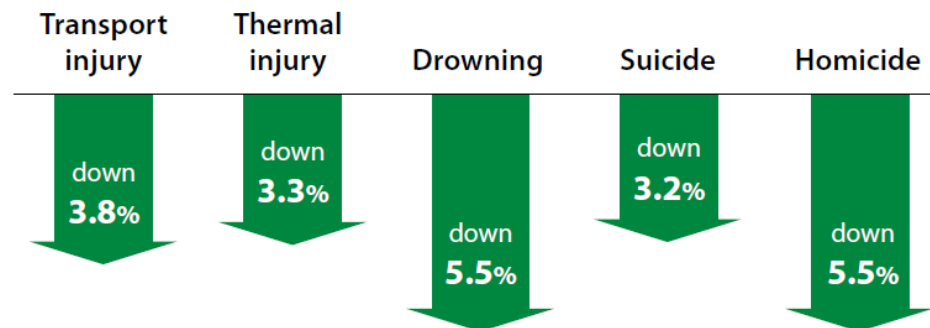


COPD/  
Asthma  
Deaths  
down

Death rates for chronic obstructive pulmonary disease (COPD), 1964-2011



Injury  
deaths  
down



iPad

9:41 AM

## Australia has some health worries...

Chronic  
and  
lifestyle  
diseases

Mental  
disorders

Too much  
weight

Diabetes  
on the rise

Not eating  
well

Some  
problems  
with  
alcohol and  
drugs

Dementia  
numbers  
rising

iPad

9:41 AM

# Chronic and lifestyle diseases

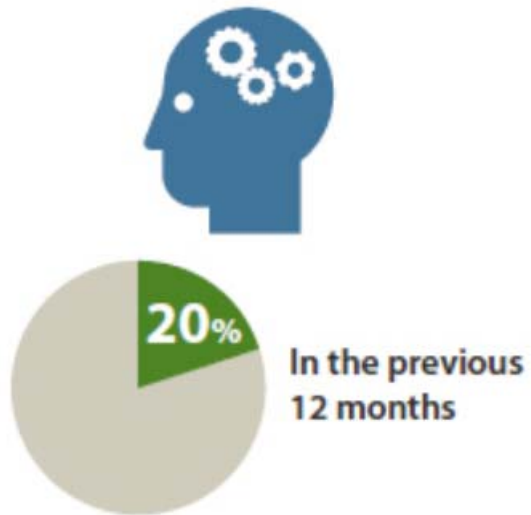


Chronic diseases are the leading cause of illness, disability and death in Australia, accounting for 90% of all deaths in 2011

iPad

9:41 AM

# Mental disorders



An estimated 3.2 million people have experienced a mental disorder in the previous 12 months

iPad

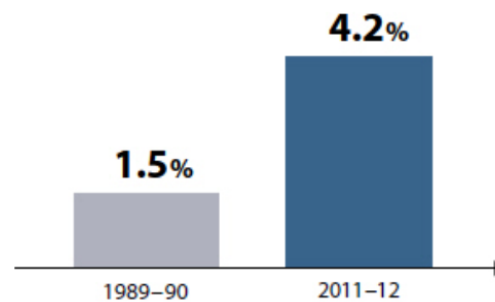
9:41 AM

Too much  
weight



Self-reported diabetes of all Australians

Diabetes on  
the rise

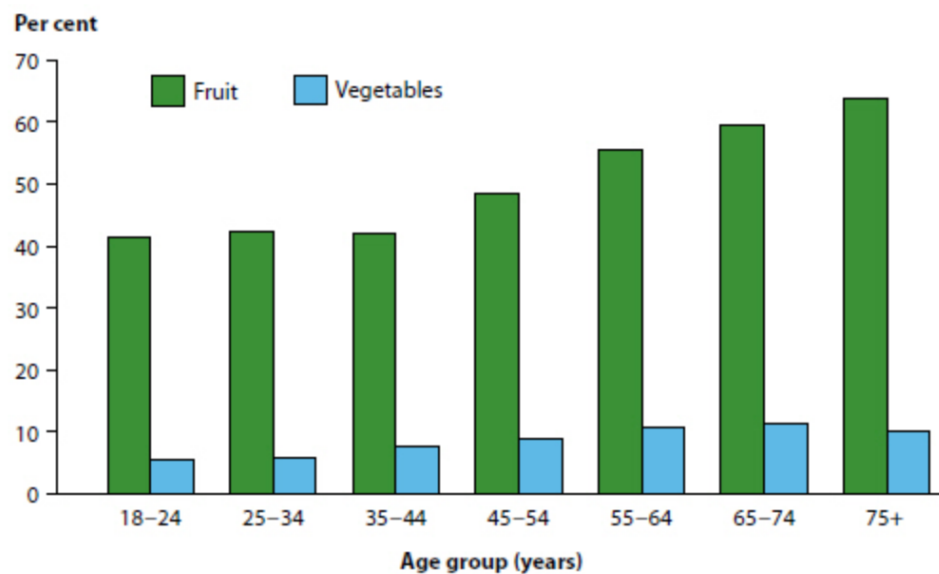




# Not eating well

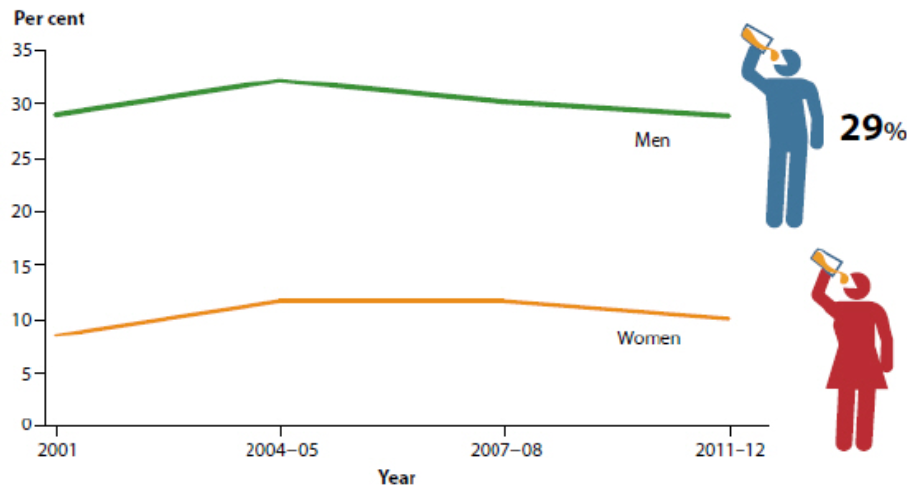


The percentage of people aged 18 and over who ate the recommended daily intake of fruit and vegetables, by age group, 2011-12



# Some problems with alcohol and drugs

People aged 18 and over who exceeded lifetime risk alcohol guidelines, 2001 to 2011-12



Illicit Drug use



iPad

9:41 AM

# Dementia numbers rising



3 in 5 people with **dementia** in Australia in 2014 are women

# Health inequalities

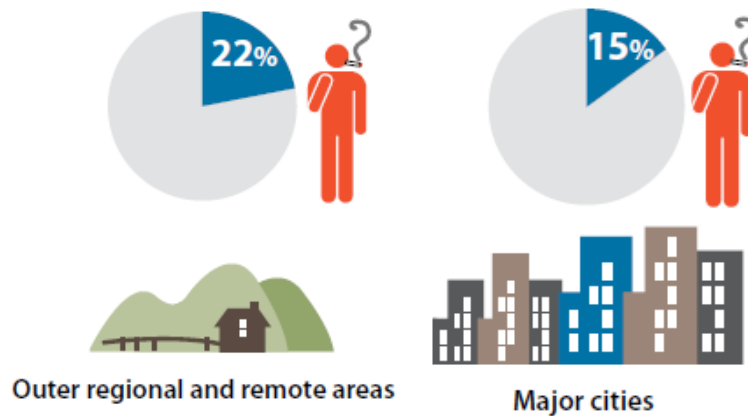
Indigenous Australians

People living with a disability

People in lower socioeconomic situations

People in rural and remote areas

Smoking  
rates



iPad

9:41 AM

# Indigenous Australians

## Health Gaps

Indigenous Australians  
compared with  
Non-Indigenous Australians



End-stage kidney disease

x 7



Diabetes

x 3.3



Hospitalisations for respiratory conditions

x 3



Obesity

x 1.5



Cancer deaths rate

x 1.5



Youth suicide—female

x 5.9



Youth suicide—male

x 4.4



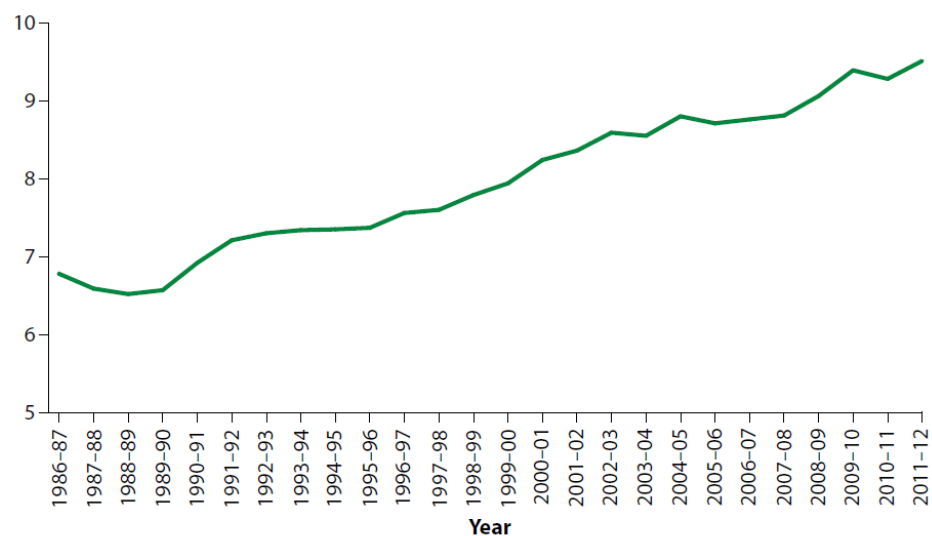
iPad

9:41 AM

# Health expenditure

**In 2011-12:**  
\$140.2 billion  
9.5% GDP

Health expenditure to GDP ratio (per cent)



Total health expenditure to GDP ratio, 1986-87 to 2011-12

# What is driving rising health costs?

## Population growth

- 1.6% growth per year
- Upwards pressure on costs

## New technologies

- New diagnostic and treatments
- New pharmaceuticals

## Population ageing

- Costs increase in older ages
- 20 times higher per person

# Want more information?

## Available on line @

In-brief report

<http://www.aihw.gov.au/australias-health-publications/>

Web snapshot

<http://www.aihw.gov.au/australias-health/>

Education resources

<http://www.aihw.gov.au/education-resources/>

Developed by the **Digital and Media Communications Team**

[info@aihw.gov.au](mailto:info@aihw.gov.au)